

I WON'T LET RELAPSING MS DEFINE MY LOOK

VUMERITY IS THE #1 BRAND-NAME PILL

for people with relapsing MS in the US.*

*Based on the number of MS prescriptions for the months
01/2024-02/2025 per IQVIA NPA™ Monthly TRx data for all channels.

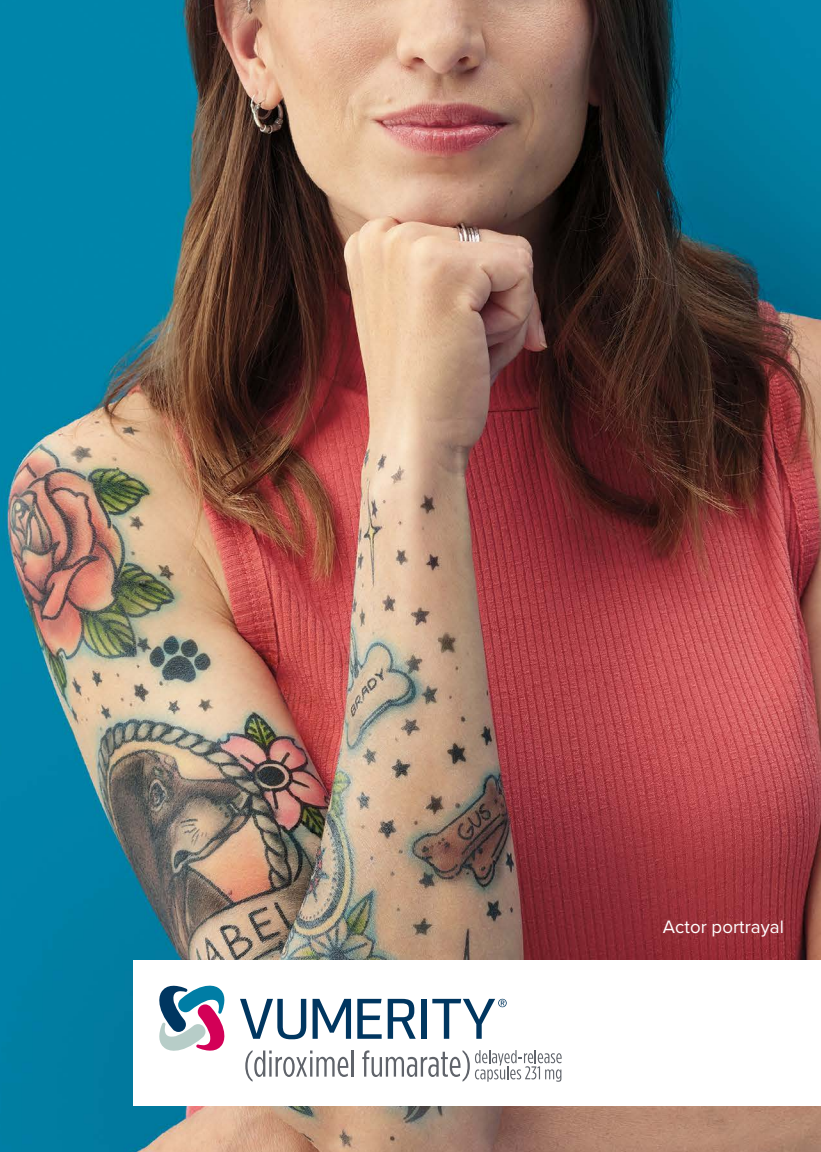
What is VUMERITY® (diroximel fumarate)?

VUMERITY is a prescription medicine used to treat people with relapsing forms of multiple sclerosis (MS), to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease in adults. It is not known if VUMERITY is safe and effective in children.

Important Safety Information

Do not take VUMERITY if you have had an allergic reaction (such as welts, hives, swelling of the face, lips, mouth or tongue, or difficulty breathing) to diroximel fumarate, dimethyl fumarate, or any of the ingredients in VUMERITY—or if you are taking dimethyl fumarate.

Please see Important Safety Information on pages 16-17 and full [Prescribing Information](#), including [Patient Information](#).



Actor portrayal

 **VUMERITY®**
(diroximel fumarate) delayed-release capsules 251 mg

BEING YOURSELF IS A *GREAT LOOK*

In the following pages, you'll learn more about effectiveness, safety, and study results for VUMERITY® (diroximel fumarate). You'll also find details on support services for people taking VUMERITY, including how to find out if you're eligible for prescription savings.

We hope this brochure can help you better understand relapsing MS and your treatment. For more information, ask your healthcare provider about VUMERITY.

Please see Important Safety Information on pages 16-17 and full [Prescribing Information](#), including [Patient Information](#).





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FIND OUT HOW TO *PAY AS LITTLE AS \$0* FOR VUMERITY.

Eligibility and limitations apply. Details on page 53.

VISIT [VUMERITY.com](https://www.vumerity.com) or call 1-800-456-2255

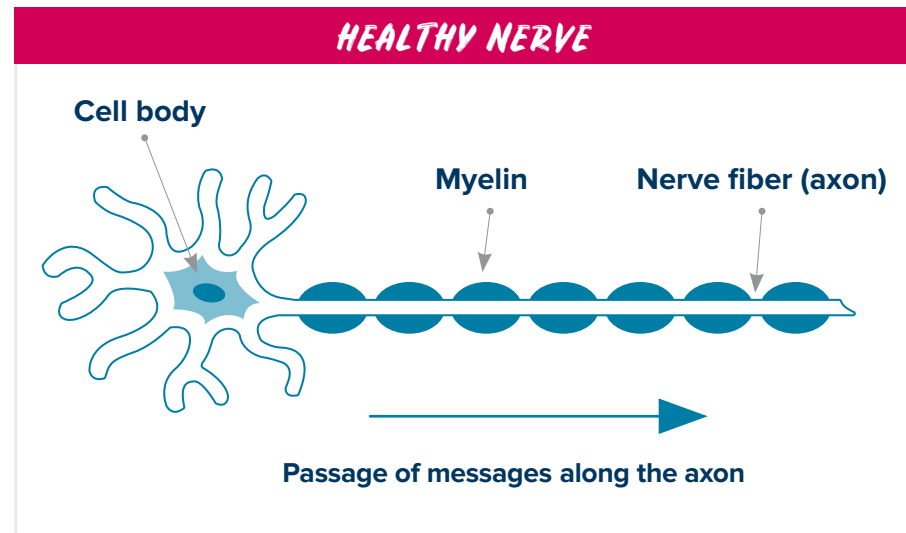
UNDERSTANDING *RELAPSING MS*

IN THIS SECTION, YOU'LL LEARN ABOUT:

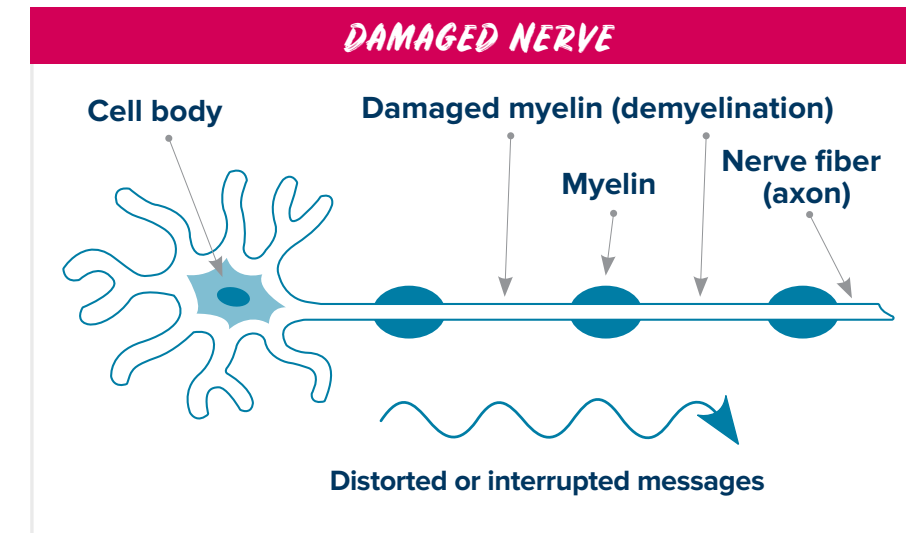
- How MS affects the body
- Understanding relapses, disability progression, and brain lesions
- Considering treatment

HOW MS AFFECTS *THE BODY*

Relapsing MS is thought to be an autoimmune disease, which means that instead of defending the body against harmful invaders (such as viruses or bacteria), the immune system attacks the body itself.



Specifically, relapsing forms of MS affect the cells of the central nervous system (CNS). Your brain contains nerve cells, which are called neurons. These neurons have nerve fibers (axons) that are protected and insulated by the myelin sheath. Myelin helps neurons send electrical signals to and from the brain, telling the body what to do.



With relapsing MS, immune cells cross the blood-brain barrier, cause inflammation within the CNS, and attack the myelin sheath. This is thought to interfere with the ability of neurons to send signals between the brain and the body. When your brain can't properly communicate with nerves and muscles, various symptoms of relapsing MS can occur.

UNDERSTANDING RELAPSES, DISABILITY PROGRESSION, AND BRAIN LESIONS

Relapses, also known as flare-ups or exacerbations, are new symptoms or a worsening of existing symptoms. Their severity and duration are often unpredictable.

Relapses can:

- last from a few days to several months
- cause permanent damage to the CNS
- possibly lead to future disability

If you think that you might be having a relapse, be sure to talk with your healthcare provider.

Relapsing MS causes brain lesions that can be visualized with magnetic resonance imaging (MRI). MRIs are able to show both recent lesion development and previous lesion damage.

Some types of lesions that can be visualized with MRIs include:

Gd+ LESIONS

Lesions that show active inflammation using a dye containing gadolinium

T2 LESIONS

Lesions that show the long-term impact of inflammation on the brain

T1 LESIONS

Lesions that show damage that may be permanent

The exact relationship between MRI findings and the development of clinical symptoms is not clear. However, MRIs are commonly used to help you and your healthcare provider monitor disease activity in your body.

It's important to talk with your neurologist about each one of your MRIs because that may help with working out a treatment plan moving forward.

CONSIDERING *TREATMENT*

Whether or not you are experiencing any MS symptoms that you can feel on a daily basis, underlying MS activity could be damaging your CNS.

Studies have shown that nerve damage, which may contribute to physical disability progression, can happen during relapses or when new symptoms arise.

To help slow this progression, talk with your healthcare provider about starting on treatment as soon as you are diagnosed.

Do your research. Look at the ways that different treatment options work. Find out about their clinical studies, side effects, effectiveness, dosing, and administration. Learning all you can empowers you to make a confident decision with your healthcare provider.

COULD VUMERITY BE PART OF
YOUR STYLE?

ABOUT VUMERITY



IN THIS SECTION, YOU'LL LEARN ABOUT:

- Important Safety Information
- How VUMERITY is thought to work
- VUMERITY effectiveness
- Most common side effects
- A separate study of a common side effect
- Taking VUMERITY
- VUMERITY with food and alcohol
- Additional information and considerations

Please see Important Safety Information on pages 16-17 and full [Prescribing Information](#), including [Patient Information](#).

Important Safety Information

Do not take VUMERITY® (diroximel fumarate) if you:

- have had an allergic reaction (such as welts, hives, swelling of the face, lips, mouth or tongue, or difficulty breathing) to diroximel fumarate, dimethyl fumarate, or any of the ingredients in VUMERITY
- are taking dimethyl fumarate

Before taking and while you take VUMERITY, tell your healthcare provider about all of your medical conditions, including if you:

- have liver problems
- have kidney problems
- have or have had low white blood cell counts or an infection
- are pregnant or plan to become pregnant. It is not known if VUMERITY will harm your unborn baby
 - If you become pregnant while taking VUMERITY, talk to your healthcare provider about enrolling in the Blossoms Pregnancy Registry. You can enroll in this registry by calling **1-833-569-2635** or visiting www.blossomspregnancyregistry.com. The purpose of this registry is to monitor the health of you and your baby
- are breastfeeding or plan to breastfeed. It is not known if VUMERITY passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby while using VUMERITY

Tell your healthcare provider about all the medicines you take including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What should I avoid while taking VUMERITY?

- Do not drink alcohol at the time you take a VUMERITY dose

What are the possible side effects of VUMERITY?

VUMERITY may cause serious side effects including:

- **allergic reaction** (such as welts, hives, swelling of the face, lips, mouth or tongue, or difficulty breathing). Stop taking VUMERITY and get emergency medical help right away if you get any of these symptoms
- **PML (progressive multifocal leukoencephalopathy)** a rare brain infection that usually leads to death or severe disability over a period of weeks or months. Tell your healthcare provider right away if you get any of these symptoms of PML:
 - weakness on one side of the body that gets worse
 - clumsiness in your arms or legs
 - vision problems
 - changes in thinking and memory
 - confusion
 - personality changes
- **herpes zoster infections (shingles)**, including central nervous system infections
- **other serious infections**

- **decreases in your white blood cell count.** Your healthcare provider should do a blood test to check your white blood cell count before you start treatment with VUMERITY and while you are on therapy. You should have blood tests after 6 months of treatment and every 6 to 12 months after that
- **liver problems.** Your healthcare provider should do blood tests to check your liver function before you start taking VUMERITY and during treatment if needed. Tell your healthcare provider right away if you get any of these symptoms of a liver problem during treatment
 - severe tiredness
 - loss of appetite
 - pain on the right side of your stomach
 - have dark or brown (tea color) urine
 - yellowing of your skin or the white part of your eyes
- **serious gastrointestinal problems**, including bleeding, ulcers, blockage, and tears (perforation) of the stomach or intestines. Tell your healthcare provider right away if you have any of these symptoms during treatment:
 - stomach-area pain that does not go away
 - bright red or black stools (that look like tar)
 - severe vomiting
 - severe diarrhea
 - coughing up blood or blood clots
 - vomiting blood or your vomit looks like “coffee grounds”

The most common side effects of VUMERITY include:

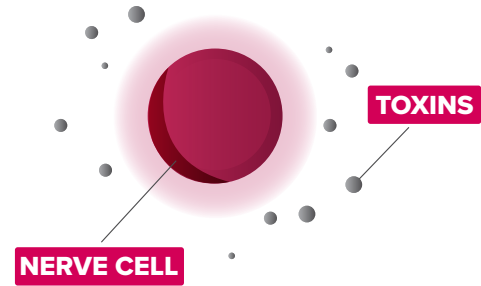
- flushing, redness, itching, or rash
- nausea, vomiting, diarrhea, stomach pain, or indigestion
- Flushing and stomach problems are the most common reactions, especially at the start of therapy, and may decrease over time. Taking VUMERITY with food (avoid high-fat, high-calorie meal or snack) may help reduce flushing. Call your healthcare provider if you have any of these symptoms and they bother you or do not go away. Ask your healthcare provider if taking aspirin before taking VUMERITY may reduce flushing

These are not all the possible side effects of VUMERITY. Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at **1-800-FDA-1088**. For more information go to dailymed.nlm.nih.gov

Please see full [Prescribing Information](#), including [Patient Information](#).

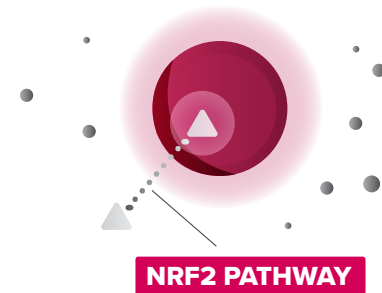
HOW VUMERITY IS *THOUGHT TO* WORK

INFLAMED NERVE CELL



During times of inflammation, **the body produces toxins that can cause oxidative stress**. When this oxidative stress builds up, it can damage cells or even destroy them in different parts of the body, including the central nervous system (CNS). **Inflammation within your CNS can also cause oxidative stress, and oxidative stress may trigger more inflammation.**

INFLAMED NERVE CELL



One way the body **combats oxidative stress is through the Nrf2 pathway**. This pathway is a complex communication system that defends cells against oxidative stress.

LESS INFLAMED NERVE CELL



Although we don't know exactly how VUMERITY works against relapsing MS, researchers have learned that the **active form* of VUMERITY leads to activation of the Nrf2 pathway**, which may help defend against oxidative stress. Talk with your doctor to learn more about your treatment options.

*Once it's processed in the body.

VUMERITY *EFFECTIVENESS*

UNDERSTANDING THE POTENTIAL BENEFITS

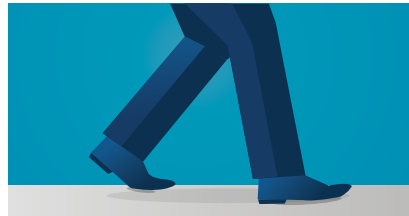
Once it's processed in the body, **VUMERITY** takes the same active form as dimethyl fumarate (DMF). The information from the clinical trials is DMF data.

DMF was studied in two separate 2-year clinical trials in people with relapsing-remitting MS. In the first trial, 410 people took 240 mg of DMF two times a day and 408 took placebo (a “fake” pill). In the second trial, 359 people took 240 mg of DMF two times a day and 363 took placebo.

VUMERITY is a pill that may help in three ways:



Cuts relapses



Delay disability progression



Slows development of brain lesions



Please see Important Safety Information on pages 16-17 and full [Prescribing Information](#), including [Patient Information](#).

CUTS RELAPSES

More than 70% of people taking DMF had no relapses after 2 years. Reducing the risk of relapses should be one of the goals of treatment. Although no relapsing MS medication completely gets rid of relapses, DMF has been **shown to reduce relapses compared with placebo.**

STUDY 1 RESULTS

73%
were relapse-free

73% of people taking DMF were relapse-free after 2 years compared with 54% of people taking placebo.

49%
less likely to relapse

People taking DMF were 49% less likely to have a relapse compared with placebo.*

53%
fewer relapses

DMF cut the number of relapses by 53% compared with placebo.†

*27% of people taking DMF had a relapse vs 46% taking placebo.

†DMF 0.172 vs. placebo 0.364.

STUDY 2 RESULTS

71%
were relapse-free

71% of people taking DMF were relapse-free after 2 years compared with 59% of people taking placebo.

34%
less likely to relapse

People taking DMF were 34% less likely to have a relapse compared with placebo.*

44%
fewer relapses

DMF cut the number of relapses by 44% compared with placebo.†

*29% of people taking DMF had a relapse vs 41% taking placebo.

†DMF 0.224 vs. placebo 0.401.

Please see Important Safety Information on pages 16-17 and full [Prescribing Information](#), including [Patient Information](#).

DISABILITY PROGRESSION WAS LESS LIKELY

DMF was shown to delay the progression of disability, which is an important goal of treatment.

STUDY 1 RESULTS

84%

84% of patients had no disability progression while taking DMF compared with 73% of people taking placebo.

38%

Disability progression was 38% less likely for people taking DMF compared with placebo.

STUDY 2 RESULTS

21%

Disability progression was 21% less likely for people taking DMF compared with 17% taking placebo. There was no statistically significant effect on disability progression in Study 2.



“I’ve learned that I have to be my own **ADVOCATE.**”

– **NICOLE R.**,
HAS EXPERIENCE WITH VUMERITY

SLOWS THE DEVELOPMENT OF BRAIN LESIONS

To understand the impact of DMF on brain lesions, researchers looked at lesions using three different MRI techniques to determine the age and stage of the lesions. Based on all three measures, **people taking DMF had fewer lesions** compared with those taking placebo. The link between brain lesions and the progression of relapsing MS has not been confirmed. Talking to your healthcare provider about the results of your MRI could help with the management of your relapsing MS.

STUDY 1 RESULTS		
ACTIVE INFLAMMATION	LONG-TERM IMPACT OF INFLAMMATION	POSSIBLE PERMANENT DAMAGE
AVERAGE NUMBER OVER TWO YEARS		
<div>↓</div> <div>90%</div> <div>fewer Gd+ lesions* for DMF</div>	<div>↓</div> <div>85%</div> <div>fewer T2 lesions† for DMF</div>	<div>↓</div> <div>72%</div> <div>fewer T1 lesions‡ for DMF</div>
1.8 placebo vs 0.1 DMF	17.0 placebo vs 2.6 DMF	5.6 placebo vs 1.5 DMF

*Inflamed brain tissue that is attacked and considered “active.” These lesions disappear when inflammation decreases.

†Scars that indicate the long-term impact of MS on the brain. They can either be new lesions or old lesions that develop again.

‡Nerve cells in the brain that can’t be repaired, which can mean a loss of function.

STUDY 2 RESULTS		
ACTIVE INFLAMMATION	LONG-TERM IMPACT OF INFLAMMATION	POSSIBLE PERMANENT DAMAGE
AVERAGE NUMBER OVER TWO YEARS		
<div>↓</div> <div>74%</div> <div>fewer Gd+ lesions* for DMF</div>	<div>↓</div> <div>71%</div> <div>fewer T2 lesions† for DMF</div>	<div>↓</div> <div>57%</div> <div>fewer T1 lesions‡ for DMF</div>
2.0 placebo vs 0.5 DMF	17.4 placebo vs 5.1 DMF	6.0 placebo vs 3.0 DMF

*Inflamed brain tissue that is attacked and considered “active.” These lesions disappear when inflammation decreases.

†Scars that indicate the long-term impact of MS on the brain. They can either be new lesions or old lesions that develop again.

‡Nerve cells in the brain that can’t be repaired, which can mean a loss of function.

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Important Safety Information

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 - weakness on one side of the body that gets worse
 - clumsiness in your arms or legs
 - vision problems
 - changes in thinking and memory
 - confusion
 - personality changes
- **herpes zoster infections (shingles)**, including central nervous system infections
- **other serious infections**
- **decreases in your white blood cell count.** Your healthcare provider should do a blood test to check your white blood cell count before you start treatment with VUMERITY and while you are on therapy. You should have blood tests after 6 months of treatment and every 6 to 12 months after that
- **liver problems.** Your healthcare provider should do blood tests to check your liver function before you start taking VUMERITY and during treatment if needed. Tell your healthcare provider right away if you get any of these symptoms of a liver problem during treatment
 - severe tiredness
 - loss of appetite
 - pain on the right side of your stomach
 - have dark or brown (tea color) urine
 - yellowing of your skin or the white part of your eyes
- **serious gastrointestinal problems**, including bleeding, ulcers, blockage, and tears (perforation) of the stomach or intestines. Tell your healthcare provider right away if you have any of these symptoms during treatment:
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 - severe vomiting
 - severe diarrhea
 - coughing up blood or blood clots
 - vomiting blood or your vomit looks like “coffee grounds”

The most common side effects of VUMERITY include:

- flushing, redness, itching, or rash
- nausea, vomiting, diarrhea, stomach pain, or indigestion
- Flushing and stomach problems are the most common reactions, especially at the start of therapy, and may decrease over time. Taking VUMERITY with food (avoid high-fat, high-calorie meal or snack) may help reduce flushing. Call your healthcare provider if you have any of these symptoms and they bother you or do not go away. Ask your healthcare provider if taking aspirin before taking VUMERITY may reduce flushing

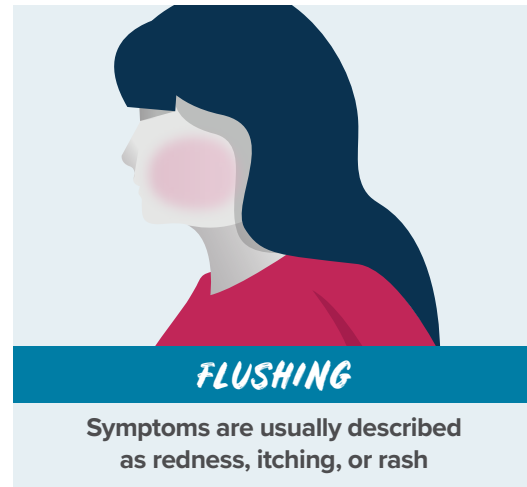
These are not all the possible side effects of VUMERITY. Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at **1-800-FDA-1088**. For more information go to dailymed.nlm.nih.gov

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MOST COMMON *SIDE EFFECTS*

Get familiar with the most common side effects found in clinical studies of people taking dimethyl fumarate. Each person may have a different experience, so it's important that you're familiar with the possible side effects.

Most common side effects of VUMERITY



Flushing and stomach problems are the most common reactions, especially at the start of therapy, and may decrease over time. Some gastrointestinal problems can be serious. Get more information about side effects on pages 28-29. These are not all the possible side effects of VUMERITY.

30 Please see Important Safety Information on pages 16-17 and full [Prescribing Information](#), including [Patient Information](#).



“I am more than
MY DIAGNOSIS.”

– JILL K.,
HAS EXPERIENCE WITH VUMERITY

TIPS FOR FLUSHING

Call your healthcare provider if you have any questions about VUMERITY® (diroximel fumarate) side effects or treatment in general. These are two common side effects, though you could have other side effects. If they bother you or don't go away, or if you have general questions about side effects, talk to your healthcare provider.



Your healthcare provider may recommend taking a non-coated aspirin (up to 325 mg) before taking VUMERITY to help with flushing.



Taking VUMERITY with food (avoid high-fat, high-calorie meal or snack) may help with flushing. Please see page 43 for meal ideas when taking VUMERITY with food.

The information from the clinical trials is dimethyl fumarate (DMF) data. Once it's processed in the body, VUMERITY® (diroximel fumarate) takes the same active form as DMF. For a majority of patients who experienced flushing, the severity was mild or moderate.

TIPS FOR STOMACH PROBLEMS



Over-the-counter medicines, like antacids, may help relieve stomach problems.*

Stomach problems occurred most frequently in the first month and lessened thereafter.

*In a small 12-week study of people taking dimethyl fumarate, people recorded their experience of stomach problems, and what they did to manage them. They found that **taking over-the-counter medicines helped**.

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A SEPARATE SHORT-TERM ANALYSIS OF STOMACH PROBLEMS: VUMERITY COMPARED WITH DIMETHYL FUMARATE



In a small 5-week study, people with relapsing MS were asked to track any stomach problems. 253 people took VUMERITY and 249 people took dimethyl fumarate.*

LIMITATIONS TO KEEP IN MIND

It can be hard to compare stomach problems. People had to report their own symptoms, and there's no widely used scale. For this study, people rated the severity of their stomach issues on a scale of 0 (no issue) to 10 (extreme). This analysis was not planned as part of the clinical trials, so the data may not be as reliable. This data is not included in the full Prescribing Information for VUMERITY. Additional studies may be needed to confirm these findings.

HIGHLIGHTS FROM THE STUDY



Fewer stomach problems

People taking VUMERITY reported **46% fewer days with stomach problems that they rated ≥ 2** than people taking dimethyl fumarate, and their stomach problems were generally less severe.

(1.4 days compared with 2.6 days for people taking dimethyl fumarate.)



Fewer people stopped taking VUMERITY

People were **83% less likely to stop taking VUMERITY** because of stomach problems than dimethyl fumarate.

(0.8% of those taking VUMERITY stopped treatment compared with 4.8% of those taking dimethyl fumarate.)

**In week 1, people taking VUMERITY received the starter dose (231-mg pill) and a placebo pill twice a day. In weeks 2-5, they received the regular dose (two 231-mg pills) twice a day. In week 1, people taking dimethyl fumarate received the starter dose (120-mg pill) and one placebo pill twice a day. In weeks 2-5, they received the regular dose (240-mg pill) and one placebo twice a day.*

BEFORE TAKING VUMERITY

Before taking and while you take VUMERITY, **tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

It's also important to **share all of your medical conditions**, including if you:

- have liver problems
- have kidney problems
- have or have had low white blood cell counts or an infection
- are pregnant or plan to become pregnant. It is not known if VUMERITY will harm your unborn baby
 - If you become pregnant while taking VUMERITY, talk to your healthcare provider about enrolling in the BlossOMS Pregnancy Registry. You can enroll in this registry by calling **1-833-569-2635** or visiting www.blossomspregnancyregistry.com. The purpose of this registry is to monitor the health of you and your baby
- are breastfeeding or plan to breastfeed. It is not known if VUMERITY passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby while using VUMERITY

Your healthcare provider should do a blood test to **check your white blood cell count and liver function** before you start treatment with VUMERITY and while you're on therapy.

“After my diagnosis, I learned the impact of *CONSIDERING MY OPTIONS.*”

— *PHILIP W.*,
HAS EXPERIENCE WITH VUMERITY



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GETTING STARTED

THREE STEPS TO STARTING VUMERITY

As with any medication, it can be reassuring to know what to expect when getting started on treatment. VUMERITY is an oral medication taken twice a day. **And because it's a pill, you can take it from the comfort of home or wherever your day takes you.** Below is what you'll need to do to get started.

Here's what you can expect:

1

Fill out the **VUMERITY Start Form on our website** and bring it to the next appointment with your healthcare provider. You can even share this form during a telehealth visit.

2

Get a blood test to check your white blood cell count and liver function **before you start treatment** with VUMERITY. Your doctor will order this before you start taking VUMERITY. It's worth asking about an at-home blood test, too.

3

Confirm your shipping address with the specialty pharmacy. For convenience, VUMERITY will be mailed right to your door.

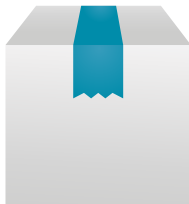


Once you're prescribed VUMERITY, you can get connected to a **Biogen Support Coordinator** who can help answer questions you have. A **Nurse Educator** is also available to answer questions and provide information related to your relapsing MS and VUMERITY.

Although Nurse Educators can be a great resource, it's important to remember that your healthcare provider is always your best source of information.

HOW WILL VUMERITY ARRIVE?

Once your order is placed, it will be shipped directly to you.



VUMERITY is not available at your local pharmacy or standard mail order service, but will be sent right to your home. Your healthcare provider's office and your insurance company will work together to order it from a specialty pharmacy.

PHILIP W.,
HAS EXPERIENCE
WITH VUMERITY

HOW TO TAKE VUMERITY

VUMERITY is taken as two pills twice a day—with or without food. It is important to take VUMERITY exactly as prescribed by your healthcare provider. The medication is meant to be swallowed whole, not crushed, chewed, or sprinkled on food.

If you decide to take your dose of VUMERITY with food, please see page 43 for more information and meal examples.

STARTER DOSE (DAYS 1-7)



1 PILL (231 mg) twice a day
for your first week

REGULAR DOSE (AFTER DAY 7)



2 PILLS (462 mg)
twice a day

If you take too much VUMERITY, call your healthcare provider or go to the nearest hospital emergency room right away.

Please see Important Safety Information on pages 16-17 and full [Prescribing Information](#), including [Patient Information](#).

VUMERITY AND FOOD

YOU CAN TAKE VUMERITY WITH OR WITHOUT FOOD



If you eat at the same time you take your VUMERITY pills, **you should not take your VUMERITY with a high-fat, high-calorie meal or snack.**

Eating a high-fat, high-calorie meal or snack at the time you take your VUMERITY pills could reduce the amount of the active ingredient that your body absorbs. **The meal or snack should contain no more than 700 calories and no more than 30 grams of fat.**

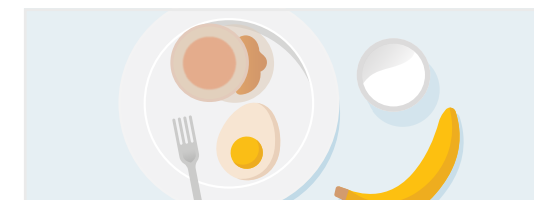
LOOKING FOR IDEAS?



If you choose to take your VUMERITY with food, and want to learn about nutritious options that are lower in fat and calories, **a nutritionist or dietitian can help.** Your healthcare team may be able to refer you to one of these specialists.

EXAMPLES OF LOW-FAT, LOW-CALORIE MEALS

To help you think of meals and snacks to take with VUMERITY, you can use these examples for inspiration.



MEAL 1

- 1 whole wheat English muffin
- 2 tablespoons peanut butter
- 1 small hard-boiled egg
- 1 medium banana
- 8 ounces 2% reduced-fat milk



MEAL 2

- 4 ounces grilled skinless chicken breast
- 1 cup cooked white rice
- 1 cup cooked and salted broccoli
- 1 tablespoon salted butter
- ½ cup vanilla ice cream

VUMERITY AND ALCOHOL

WHAT TO KNOW



If you're taking VUMERITY, you do not have to stop drinking alcohol altogether.

But **you should not drink alcohol at the same time you take your VUMERITY pills.** That's because drinking alcohol at the same time you take your VUMERITY pills could reduce the amount of the active ingredient that your body absorbs.

If you have any questions about how to take VUMERITY, talk to your healthcare provider.

HELPFUL INFORMATION ON TAKING VUMERITY

Taking VUMERITY exactly as prescribed by your healthcare provider gives you the best chance of getting its full benefits.



If you take two pills with breakfast and two pills with dinner, it could help you remember to take VUMERITY twice a day.



Store VUMERITY at room temperature between 68°F and 77°F.



Use the myVUMERITY™ app to be reminded of your daily doses.

ADDITIONAL CONSIDERATIONS

Deciding on the right treatment option for your relapsing MS is a big decision. In addition to a medicine's effectiveness, there may be some other points worth discussing with your healthcare provider. **Below are some things you may want to consider when deciding if VUMERITY® (diroximel fumarate) is the right fit for you.**

VUMERITY AND CERTAIN MEDICATIONS



Aspirin

When taken 30 minutes before, **aspirin did not affect the effectiveness of dimethyl fumarate**. Your healthcare provider may recommend taking a non-coated aspirin (up to 325 mg) to help with flushing.

Oral contraceptive—norelgestromin and ethinyl estradiol

In a study using dimethyl fumarate, there were **no relevant effects on the combination oral contraceptive norelgestromin and ethinyl estradiol**. No additional studies have been done with oral contraceptives containing other progestogens.

Dimethyl fumarate

Do not take VUMERITY while treating with dimethyl fumarate.

WHAT TO KNOW ABOUT VUMERITY AND SEVERAL NON-LIVE VACCINES



A study of adults (aged 27-55) with relapsing MS investigated what happens when people receive several non-live vaccines while treating with dimethyl fumarate.

The study found that dimethyl fumarate did not weaken the body's response to three non-live vaccines:

— Tetanus-diphtheria toxoid — Pneumococcal — Meningococcal

The safety and effectiveness of getting any other vaccine while taking dimethyl fumarate or VUMERITY have not been studied, and **we do not know VUMERITY's impact on vaccine effectiveness**. As with any medical decision, it's best to talk to your healthcare provider if you're considering any type of vaccination.

WE'VE GOT
YOUR BACK

Resources & Support

In this section, you'll learn about Biogen Support Services, including:

- Biogen Support Coordinators
- Nurse Educators
- Financial & Insurance Assistance
- VUMERITY® (diroximel fumarate) Specialty Pharmacy Network

Biogen Support Services is here for you

If you're living with relapsing MS, know that you're not alone. **Biogen Support Services** is here to help along the way. As soon as you're prescribed VUMERITY® (diroximel fumarate), we can provide help with financial assistance, navigating insurance, or learning more about your therapy. We're here to support you as you live with MS. Remember, your healthcare team is always your best source of information.



Biogen Support Coordinators

Once you're prescribed VUMERITY, you can get connected to a **Biogen Support Coordinator** who can help answer questions you may have. They'll provide one-on-one phone support and are ready to help you throughout treatment. They'll help you access resources you may need, including:

- **Helpful information** throughout your time on VUMERITY
- **Connections** to financial and insurance assistance to help you access your medication
- **Follow-up calls**, if you're interested, to check in and see how you are doing

A photograph of a woman with long dark hair, wearing a green polo shirt and a headset with a microphone. She is smiling and looking towards the camera. The background is a light blue with a subtle geometric pattern. Overlaid on the image in large, white, sans-serif capital letters is the text "GET SUPPORT TODAY".

Call a Biogen Support Coordinator at **1-800-456-2255**
Monday-Friday from 8:30 AM to 8 PM ET.
Hablamos español.



Nurse Educators

Nurse Educators are registered nurses who work on behalf of Biogen, and many are MS-certified. They understand the challenges you may be facing and are ready to support you throughout your time on VUMERITY® (diroximel fumarate). They're available to:

- **Answer questions** or provide information related to your relapsing MS and VUMERITY® (diroximel fumarate)
- **Provide ongoing phone support**, including information on how to take your medication and help manage common side effects
- **Review instructions** from your healthcare provider and connect you with available resources

Although **Nurse Educators** can be a great resource for you, it's important to remember that your healthcare provider is always your best source of information.



Financial & Insurance Assistance

At Biogen, our goal is for everyone to get the support they need so they can afford their treatment. We can work with you to understand your insurance coverage and medication cost, and explore financial assistance options for your VUMERITY.

Understanding Your Insurance

Biogen Support Coordinators will work with you and your insurance company to explain coverage options and costs, including guiding you through the Prior Authorization process. They can explain complicated insurance information and changes.

Finding Financial Assistance

Biogen Support Coordinators can also help identify potential options for financial assistance with your relapsing MS medication. If you are:

Commercially insured: if you're eligible, the **Biogen Copay Program** could lower your medication cost to as little as \$0.* For most commercially insured patients, VUMERITY costs \$0†

Government insured: we can check to see if you are eligible for alternative government insurance programs

Uninsured or underinsured: we can research other possible financial assistance available to you

*There is an annual cap on the amount of assistance that patients can receive over a one-year period. Federal and state laws and other factors may prevent or otherwise restrict eligibility. People covered by Medicare, Medicaid, the VA/DoD, or any other federal plans are not eligible to enroll. You are eligible to enroll in the **Biogen Copay Program** for as long as it is offered and you are treated with VUMERITY.

†55% of commercially insured patients taking VUMERITY paid \$0 in 2024, compared to only 18% of those taking generic dimethyl fumarate. (Data as of March 2025). Final costs may vary based on individual plan.

GET SUPPORT TODAY

Contact Nurse Educators at **1-800-456-2255**
Monday-Friday from 8:30 AM to 8 PM ET.
Hablamos español.



Get to know the Specialty Pharmacy Networks

Biogen Support Services, along with the Specialty Pharmacy Networks, each provide comprehensive programs, with the Specialty Pharmacy programs overseen by trained clinicians.

Medication Support from the Specialty Pharmacy Networks

You can ask trained pharmacy clinicians any questions about your therapy. However, your healthcare provider should always be your primary source of information. Medication support can provide:

- **Help** when you start taking VUMERITY and as you continue to take it
- **Information** on dealing with side effects
- **Scheduling** shipment of prescription refills

Call 1-800-456-2255 to get connected!



GET
SUPPORT
TODAY

Call a Biogen Support
Coordinator at
1-800-456-2255

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Hablamos español.

LEARNING ALL I CAN IS ONE OF *MY STRENGTHS*

Ready for more? Now that you've discovered what VUMERITY® (diroximel fumarate) can do, you can take the next step. Talk to your healthcare provider to learn more.

It's time to celebrate what makes you truly you.



NICOLE, PHILIP, AND JILL
ACTUAL RELAPSING MS PATIENTS

CONSIDERING VUMERITY?

This **Discussion Guide** will help you and your healthcare provider determine if VUMERITY is right for you.

If you would like to begin treatment, you can also fill out the **Start Form** on **VUMERITY.com**. Take it to your next healthcare provider visit to get a head start on the enrollment process.

What is VUMERITY® (diroximel fumarate)?

- VUMERITY is a prescription medicine used to treat people with relapsing forms of multiple sclerosis (MS), to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease in adults
- It is not known if VUMERITY is safe and effective in children

Important Safety Information

Do not take VUMERITY if you:

- have had an allergic reaction (such as welts, hives, swelling of the face, lips, mouth or tongue, or difficulty breathing) to diroximel fumarate, dimethyl fumarate, or any of the ingredients in VUMERITY
- are taking dimethyl fumarate

Please see Important Safety Information on pages 16-17 and full [Prescribing Information](#), including [Patient Information](#).



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